

I also want to announce that I am now offering a course entitled:

“Pathways To Awareness”
Oneness Through Nature
For advanced and Beginners

I have specifically designed this course to be an individual journey, with one on one mentorship sessions with myself via zoom once per week. Each lesson is designed to be completed within a week, although if you need more time that is perfectly acceptable, your schedule and experience will affect your progression.

There are 15 lessons in the course and these lessons are planned in a step by step progression, we will meet once per week and discuss your experiences with each lesson.

You will gradually develop a deeper awareness of your spirit, and enhance your spiritual oneness within yourself, and the spirit of all. You will develop a deeper relationship with the God power and in so doing you will have a more natural expression of the spiritual and psychic gifts.

Spiritual gifts can only be enhanced through a deeper relationship with what we call the "God power".

The course is designed to open your consciousness to the divine purpose of love. We must learn to serve in the right way, from the place of selfless motive, the psychic and spiritual development must go hand in hand, balance in everything.

In this class you will not be expected to demonstrate your gifts during our one on one sessions, but rather through the practice of awareness share the experiences as they come to you as we walk through these weeks together. Sharing these most important experiences while in our session. Many but not all of the enhancements that you may find developing may be:

- 1) More vivid psychic dreams one of premonitions or Spiritual contacts through dream state, healing.**
- 2) Psychic flashes in your waking life, or more sense of the presence of spirit working with you, inspired writings or words.**
- 3) Deeper moments of peacefulness during your private meditative times.**
- 4) Peacefulness in daily life in a way that may not have been as present for you prior to this course.**
- 5) Finding yourself loving others more deeply from family to strangers. The love for all creation.**
- 6) Knowing that you can, through the development of watchful/mindful awareness bring your thoughts into a loving peaceful place when all around you may be in disharmony. The correction of negative thoughts to positive.**
- 7) Accepting that it is often incumbent upon ourselves to create "happiness" and "Lovingness" "Contentment" within ourselves and is not the responsibility of others to do so.**
- 8) Learning the roles of the chakras and how they contribute to our physical, spiritual and psychological well being.**
- 9) The Aura and its role in awareness as well as how to see it more clearly and interpret the meaning.**
- 10) Meditation and more.**

And so to you my dear friends and students to be I offer you my hand to walk with you during these 15 lessons as there will be highs and plateaus for us to share and I hope my experience can help you find your way with spirit and your deepening connection to God.

Cost for the course is \$250.00 for either Canadian or American, ie if your in America it is \$250.00 If you are in Canada it is \$250.00

Payments can be sent through pay pal or e-transfer by using the following e-mail: alanjohnholmes@yahoo.com

The lessons will be sent to you one per week during our zoom time together.

There are videos/meditations designed to help you through each week that will be available to you on line once you are registered for the course.

I wish you all the best and deepest experiences in your spiritual journeys.

Love and Light
Alan Holmes

